

Recorder & Karate



Let's
Go!!!

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**Recorder
Karate**

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HISTORY

The recorder is a whistle-type woodwind instrument that is from an ancient family of instruments called the **internal duct flutes**. For many centuries, it was the most popular woodwind instrument. It was used as a folk instrument as early as the 12th century. During the 16th century, several composers were writing solo and ensemble music for the recorder. Two of these were **Bach** and **Handel**, probably the best known composers of the Baroque Era. The **transverse** (side-blown) **flute** had replaced the recorder by the 18th century, because it had a much broader dynamic range than the recorder and could blend better with the larger, louder orchestras of the day.

Around 1925, the recorder began to make a comeback in popularity because of a renewed interest in Renaissance and Baroque music. Today, more than 3.5 million plastic recorders are manufactured per year. Recorders are played in many elementary schools and can be a wonderful instrument to learn on its own or as an introductory band instrument. Many skills are learned from the playing of the recorder, such as fingering skills, embouchure development, breath support, articulation skills, and development of the inner ear.

The five most common recorders are: soprano (or descant), soprano, alto, tenor, and bass. The smallest is the Garklein recorder, which is only four inches long. The largest recorder is called a sub-contra bass and is about ten feet long. The soprano is the recorder that is most often played by beginners. All of these recorders can play together just like a choir. This group is called a consort.



Handel Bach

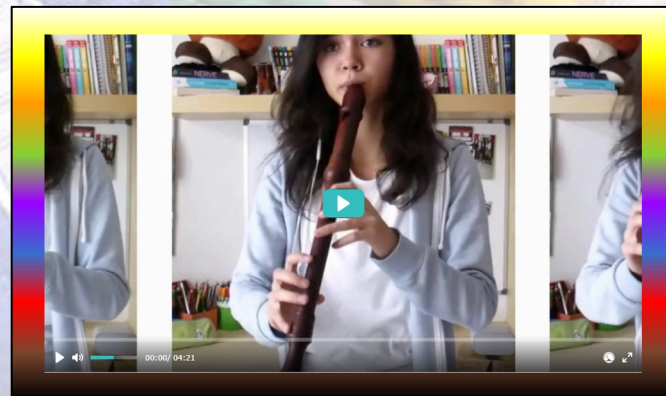
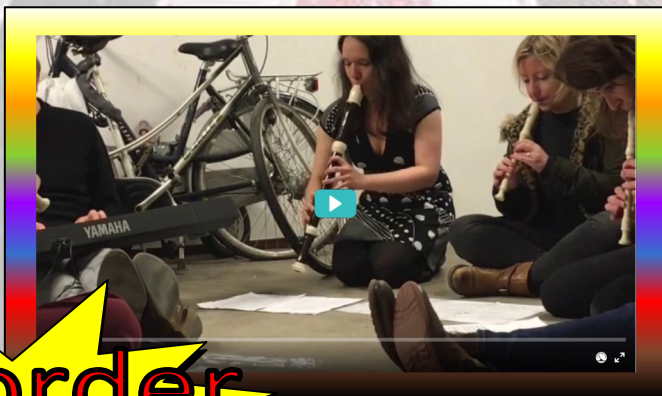
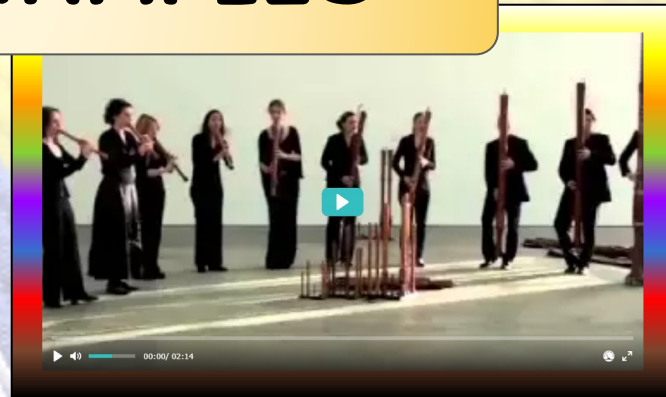
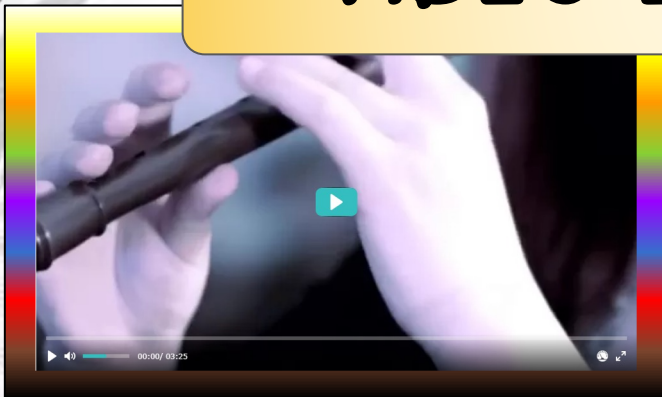
RECORDER FAMILY

THIS IS THE
ONE WE
PLAY



Recorder
Karate

VIDEO EXAMPLES



**Recorder
Karate**

THESE LINKS WILL TAKE YOU TO
EXTERNAL VIDEOS

HOW TO HOLD YOUR RECORDER



Rest the mouthpiece on your lower lip, just like a drinking straw. Only a small portion of the mouthpiece goes inside your small-shaped mouth.

Left hand is always on top and the right hand is on bottom. Left pinky and right thumb are not used

Rest your fingers next to the holes that you have yet to learn. Be careful not to cover them by accident.

Proper Hold

This is the proper way to hold the recorder.



This is too high.























This is too low

Recorder
Karate

FINGERING CHART

Recorder Fingering Chart

| C | D | E | F | F# |
|---|---|---|---|---|
|  |  |  |  |  |
|  |  |  |  |  |
| G | A | B | C | D |
|  |  |  |  |  |
|  |  |  |  |  |

LEFT
HAND
ON
TOP



Recorder
Karate

Recorder
Cherrios!!!

HOW TO EARN YOUR BELT

In order to advance to the next belt, you must earn a 3 or a 4 in each category for the qualifying piece of music.

| Skill | Level 4 | Level 3 | Level 2 | Level 1 |
|---------------------|--|--|--|---|
| Posture and Holding | <ul style="list-style-type: none">- Left hand on top- Relaxed but upright posture- Fingers remain close to the correct holes | <ul style="list-style-type: none">- Left hand on top- Relaxed but upright posture- Fingers tucked behind instrument or flying free | <ul style="list-style-type: none">- Left hand on top- Either slouching or too rigid- Fingers tucked behind instrument or flying free | <ul style="list-style-type: none">- Right hand on top- Either slouching or too rigid- Fingers tucked behind instrument or flying free |
| Air flow | <ul style="list-style-type: none">- Warm, steady air- Good tone | <ul style="list-style-type: none">- Mostly warm, steady air- Good to ok tone | <ul style="list-style-type: none">- Inconsistent air- Ok to bad tone | <ul style="list-style-type: none">- Air is too forceful- Bad tone |
| Pitch | <ul style="list-style-type: none">- 2 or fewer mistakes | <ul style="list-style-type: none">- 3 to 5 mistakes | <ul style="list-style-type: none">- 6 to 8 mistakes | <ul style="list-style-type: none">- 9 or more mistakes |
| Rhythm | <ul style="list-style-type: none">- 2 or fewer mistakes | <ul style="list-style-type: none">- 3 to 5 mistakes | <ul style="list-style-type: none">- 6 to 8 mistakes | <ul style="list-style-type: none">- 9 or more mistakes |

**Recorder
Karate**

WHITE BELT

Hot Cross Buns

2 measures (8 beats) introduction
on recording

Traditional

Hot cross buns! Hot cross buns!

One a pen - ny, two a pen - ny, hot cross buns!

New things to learn for the White Belt song:

| | | |
|-----------------------|--|--------------------------------|
| half note = 2 beats | time signature = 4 beats in each measure | half rest = 2 beats of silence |
| quarter note = 1 beat | | |

new notes:

G

A

B

counting: 1 2 3 4

Recorder
Karate

WHITE BELT

Hot Cross Buns

2 measures (8 beats) introduction
on recording

Traditional



Hot cross buns! Hot cross buns!



One a pen - ny, two a pen - ny, hot cross buns!

**Play
Along**



Slow



Fast



**Recorder
Karate**

WHITE BELT MASTERS

2ND GRADE:

4TH GRADE:

3RD GRADE:

5TH GRADE:

**Recorder
Karate**



YELLOW BELT

Don't forget:

4/4

| | |
|---|---|
| o | - |
| o | - |
| o | o |
| o | o |

counting: 1 2 3 4

B

A

G

half note = 2 beats 4/4 time signature = 4 beats in each measure half rest = 2 beats of silence

quarter note = 1 beat

Gently Sleep

2 measures (8 beats) introduction on recording

Traditional lyrics by Barb Philipak

Gent - ly sleep, my sweet child. Gent - ly sleep, with that smile

Gent - ly sleep, lit - tle one. Gent - ly sleep, day is done.

New thing to learn for the Yellow Belt song:

' **breath mark** When you see this symbol, take a breath. Try only to take a breath every two measures.

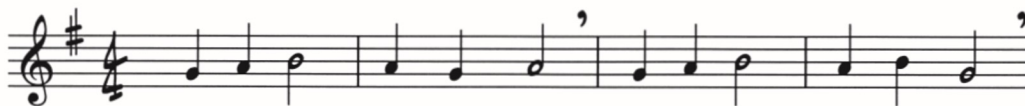
Recorder Karate

YELLOW BELT

Gently Sleep

2 measures (8 beats) introduction
on recording

Traditional
lyrics by Barb Philipak



Gent - ly sleep, my sweet child. Gent - ly sleep, with that smile.



Gent - ly sleep, lit - tle one. Gent - ly sleep, day is done.

PLAY
ALONG



Recorder
Karate

YELLOW BELT MASTERS

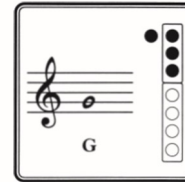
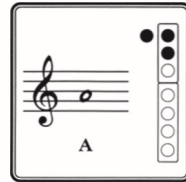
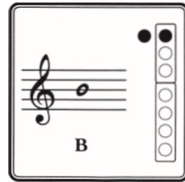


**Recorder
Karate**

ORANGE BELT

Merrily We Roll Along

2 measures (8 beats) introduction
on recording



Traditional

Mer - ri - ly we roll a - long, roll a - long, roll a - long.

Mer - ri - ly we roll a - long, o'er the deep blue sea.

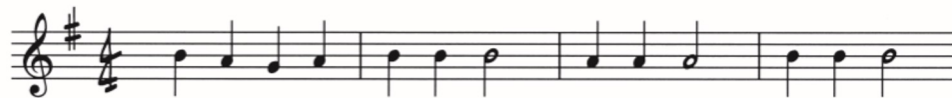
Recorder
Karate

ORANGE BELT

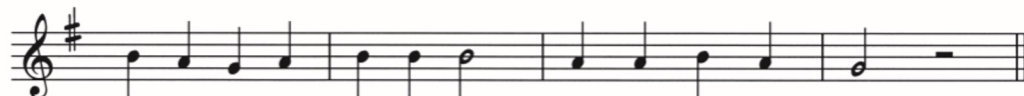
Merrily We Roll Along

2 measures (8 beats) introduction
on recording

Traditional



Mer - ri - ly we roll a - long, roll a - long, roll a - long.



Mer - ri - ly we roll a - long, o'er the deep blue sea.

PLAY
ALONG



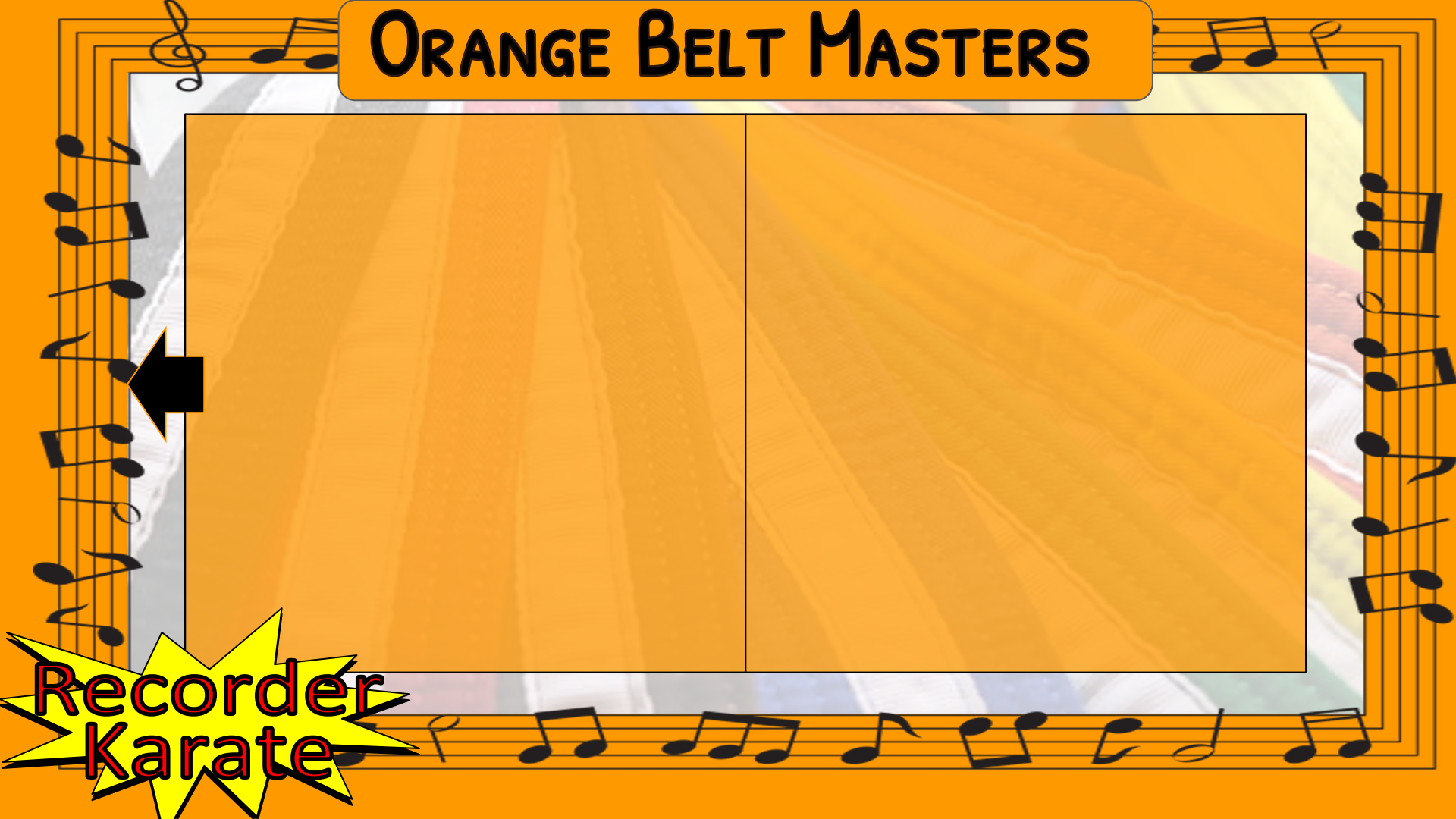
NOTE
NAMES

Recorder
Karate

ORANGE BELT MASTERS



**Recorder
Karate**



GREEN BELT

4 - Green Belt

Pitches: E GA

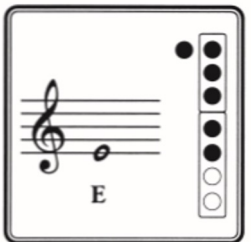
It's Raining

7 beats introduction
on recording

Traditional



new
note:



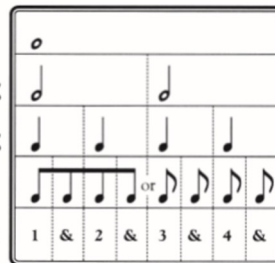
new rhythm:



two eighth notes =
1 beat

(Each single eighth
note gets 1/2 beat.)

counting:



Recorder
Karate

GREEN BELT

It's Raining

7 beats introduction
on recording

Traditional



It's rain - ing, it's pour - ing, the old man is snor - ing.



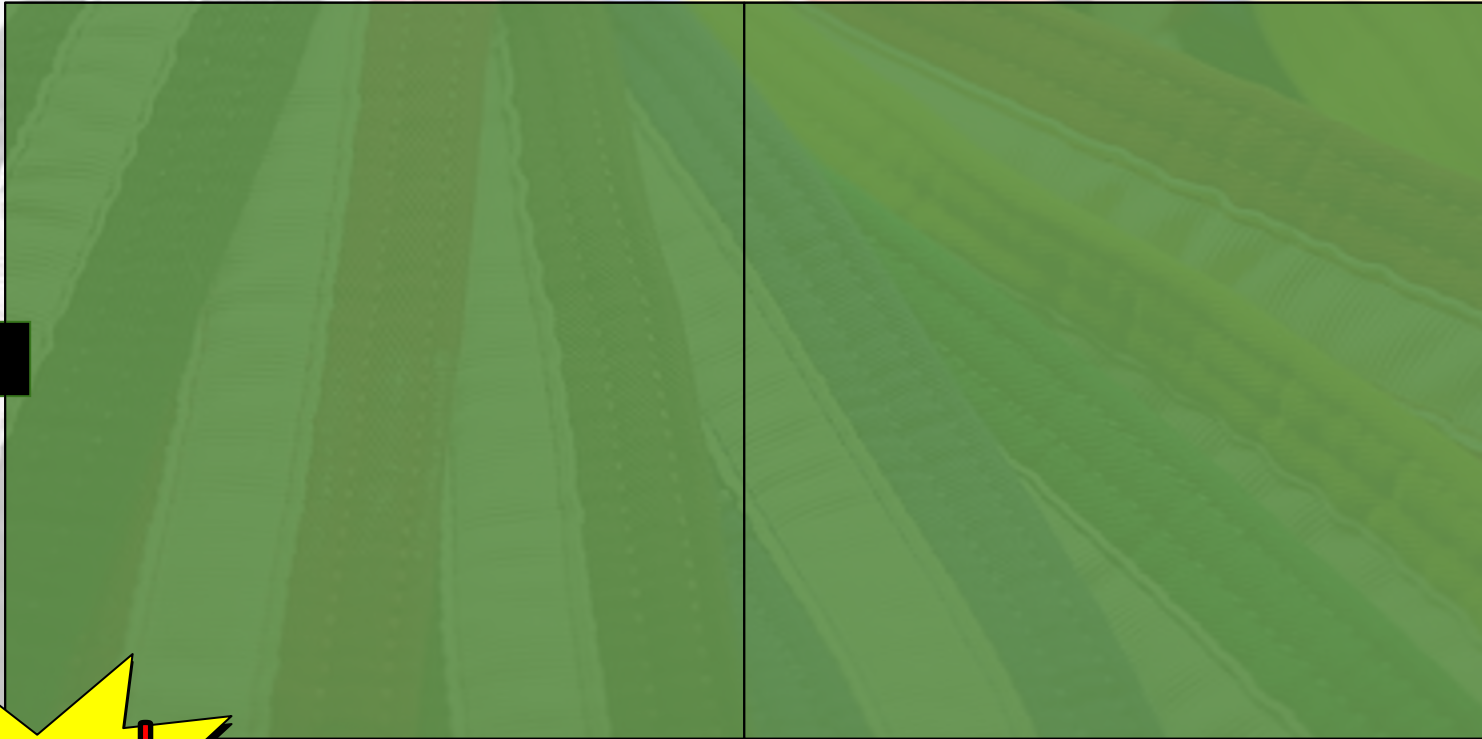
Went to bed and he bumped his head and he could - n't get up in the morn - ing.

PLAY
ALONG



Recorder
Karate

GREEN BELT MASTERS



**Recorder
Karate**

PURPLE BELT

Old MacDonald Had A Farm

4 measures (16 beats) introduction
on recording

Traditional



Old Mac - Don - ald had a farm. E - I - E - I - O. And



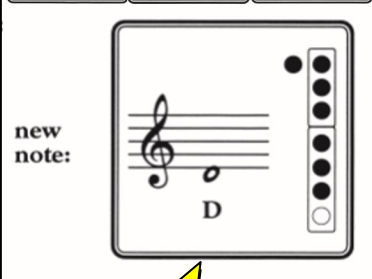
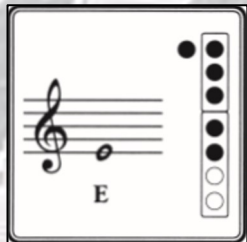
on that farm he had some chicks. E - I - E - I - O. With a



chick chick here. And a chick chick there. Here a chick, there a chick. Ev'-ry-where a chick chick.



Old Mac - Don - ald had a farm. E - I - E - I - O.



quarter rest = 1 beat of silence



dotted half note = 3 beats
(A dot after a note gets half the value of that note and makes it that much longer.)

Recorder
Karate

PURPLE BELT

Old MacDonald Had A Farm

4 measures (16 beats) introduction
on recording

Traditional



Old Mac - Don - ald had a farm. E - I - E - I - O. And



on that farm he had some chicks. E - I - E - I - O. With a



chick chick here. And a chick chick there. Here a chick, there a chick. Ev'-ry-where a chick chick.



Old Mac - Don - ald had a farm. E - I - E - I - O.

PLAY
ALONG



SLOW

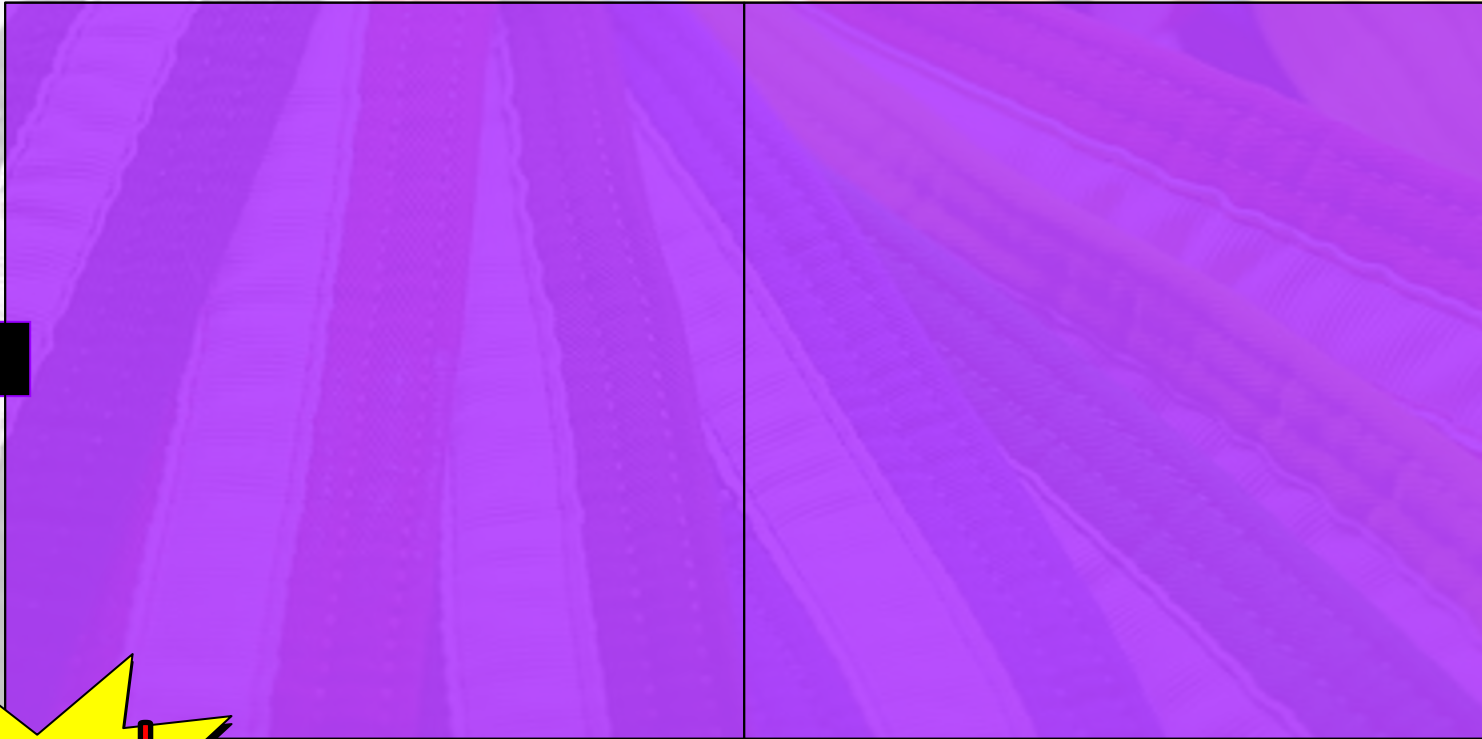


FAST



Recorder
Karate

PURPLE BELT MASTERS



Recorder
Karate

BLUE BELT

When The Saints Go Marching In

5 beats introduction
on recording

Traditional

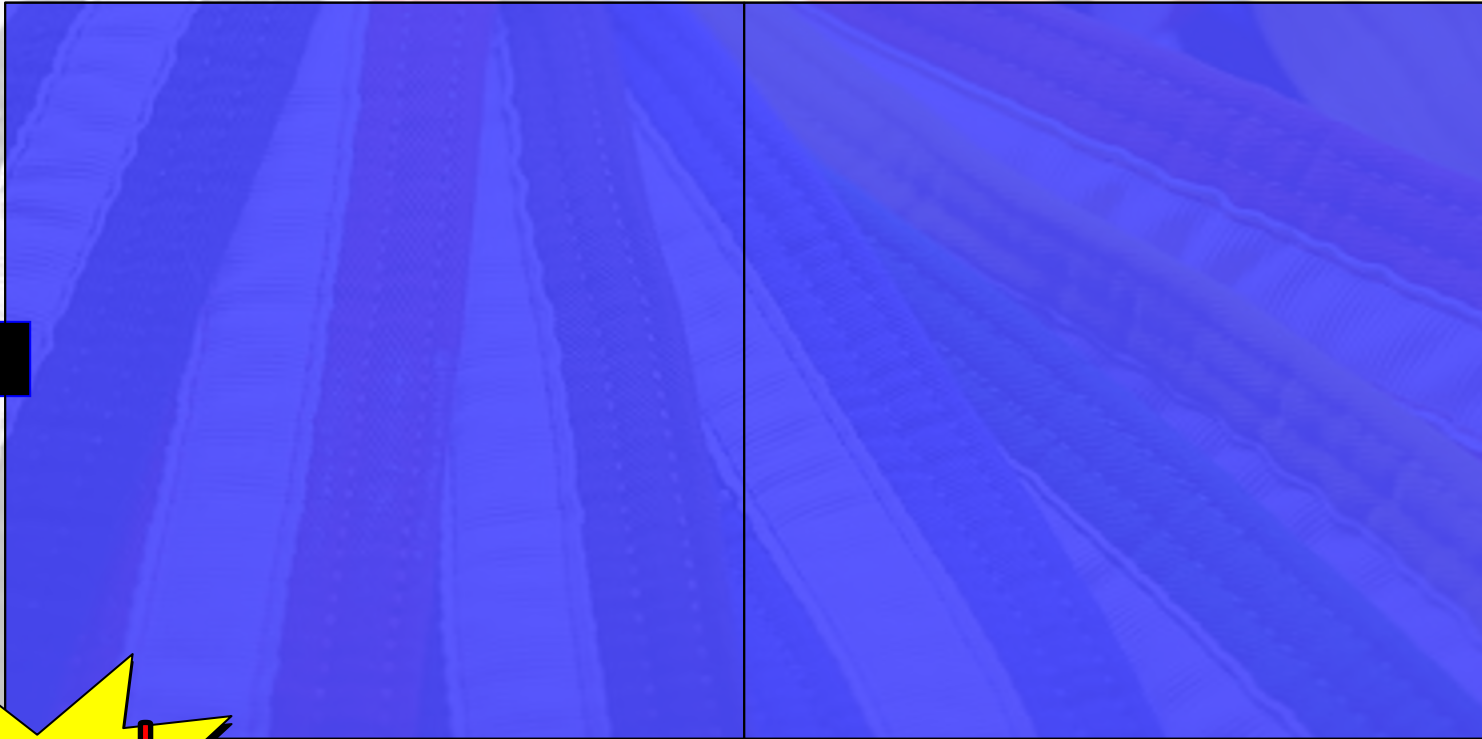
Oh, when the saints _____ go march - ing in, _____ oh, when the
saints go march - ing in. _____ Oh, I want to be in that
num - ber, _____ when the saints go march - ing in. _____

**Recorder
Karate**

RECORDING



BLUE BELT MASTERS



**Recorder
Karate**

RED BELT

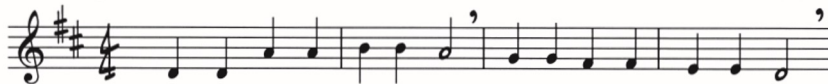
7 - Red Belt

Pitches: DEF[#]GAB

Twinkle, Twinkle Little Star

2 measures (8 beats) introduction
on recording

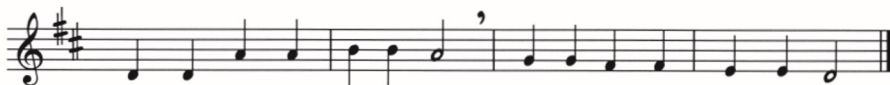
Traditional



Twin - kle, twin - kle lit - tle star, how I won - der what you are.



Up a - bove the world so high, like a dia - mond in the sky!



Twin - kle, twin - kle lit - tle star, how I won - der what you are.

New things to learn for the Red Belt song:

key signature



These sharps (♯), when placed at the beginning of a line, are for all C's and F's in the song. This is called a **key signature**. However, since there are no C's in this song, you only have to remember to play every F in this song as F[#].

new note:



Recorder
Karate

RED BELT

7 - Red Belt

Pitches: DEF#GAB

Twinkle, Twinkle Little Star

2 measures (8 beats) introduction
on recording

Traditional



Twin - kle, twin - kle lit - tle star, how I won - der what you are.



Up a - bove the world so high, like a dia - mond in the sky!



Twin - kle, twin - kle lit - tle star, how I won - der what you are.

PLAY
ALONG

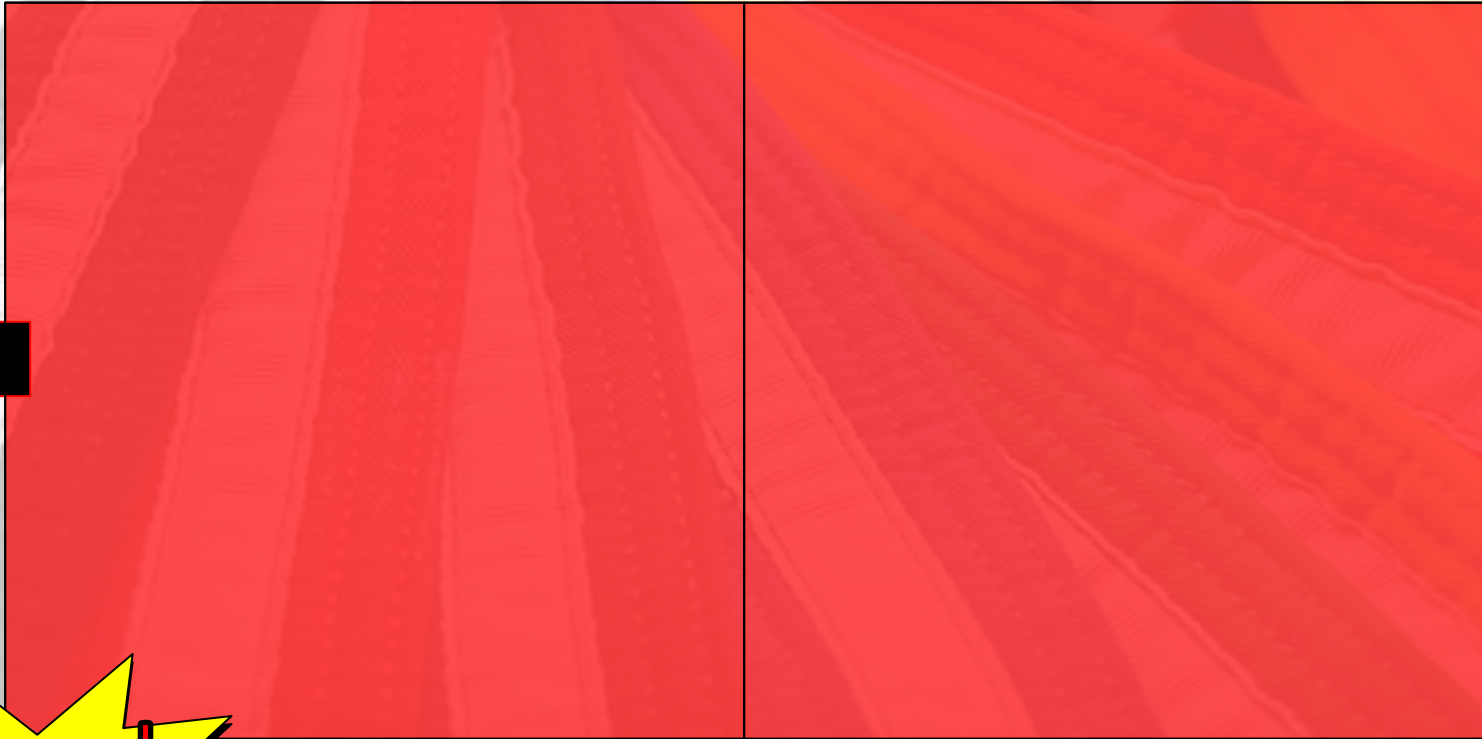


ACCOMPANIME
NT



Recorder
Karate

RED BELT MASTERS



Recorder
Karate

BROWN BELT

Amazing Grace

5 beats introduction
on recording


Traditional

A - maz - ing — grace, how sweet the sound, that
saved a — wretch like me. — I once — was — lost, but
now — am — found, was blind, but — now I see. —

new rhythms:



single eighth note = 1/2 beat

Until now, you have seen two eighth notes joined together with a beam ().
Together, two eighth notes = 1 beat.



dotted quarter note = 1 1/2 beats

Again, the dot adds half the value of that note
and makes it longer.

1 + 1/2 = 1 1/2 beats

RECORDING



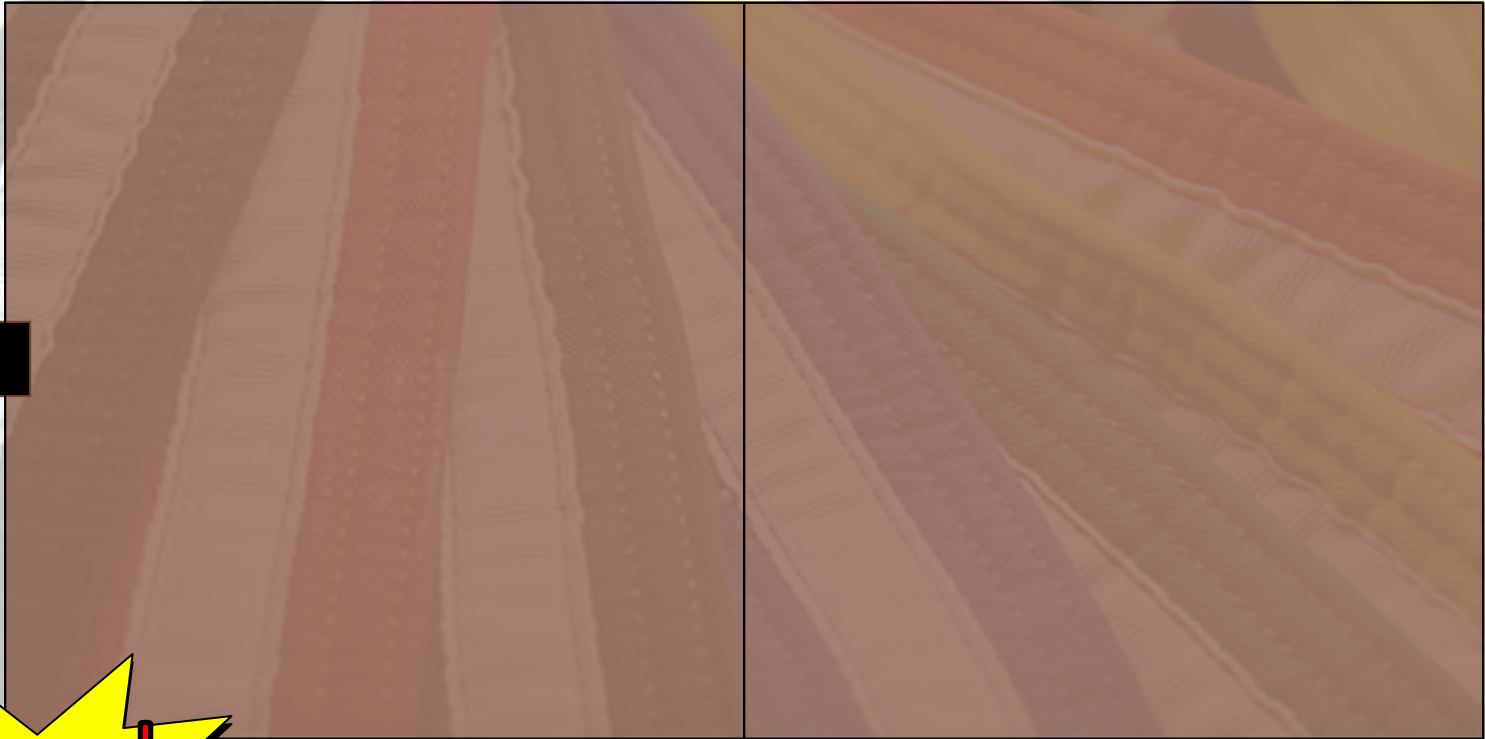
NOTE NAMES

BONUS
BROWN BELT
SONG:
ARIRANG



Recorder
Karate


BROWN BELT MASTERS

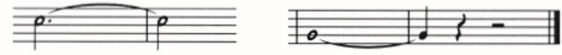


**Recorder
Karate**



BLACK BELT

A tie  is a curved line which connects notes of the same pitch. Only the first note is played and then it is held for the total value of the connected notes.



1 2 3 - 1 2 1 2 3 4 - 1

new rhythm:  whole note = 4 beats

Ode To Joy

Ludwig van Beethoven



**Recorder
Karate**

BLACK BELT

Ode To Joy

2 measures (8 beats) introduction
on recording

Ludwig van Beethoven

Musical score for 'Ode To Joy' in G major, 4/4 time. The score consists of four staves of music. The first two staves are treble clef, and the last two are bass clef. The music is a simple melody of eighth and quarter notes. A large black arrow on the left points towards the score, and a large black arrow on the right points away from it.

PLAY ALONG



ACCOMPANIMENT



Recorder
Karate

RECORDER KARATE CHAMPIONS

Student 1

Student 2

Student 3

Recorder
Karate



WHITE BELT

Hot Cross Buns

2 measures (8 beats) introduction
on recording

Traditional

Hot cross buns! Hot cross buns!

One a pen - ny, two a pen - ny, hot cross buns!

PLAY
ALONG



SLOW



FAST



Recorder
Karate

YELLOW BELT

Gently Sleep

2 measures (8 beats) introduction
on recording

Traditional
lyrics by Barb Philipak

G A B A G A , G A B A B G ,



Gent - ly sleep, my sweet child. Gent - ly sleep, with that smile.

G A B A G A , G A B A B G



Gent - ly sleep, lit - tle one. Gent - ly sleep, day is done.

PLAY ALONG

SLOW

FAST



Recorder
Karate

ORANGE BELT

Merrily We Roll Along

2 measures (8 beats) introduction
on recording

Traditional

Mer - ri - ly we roll a - long, roll a - long, roll a - long.

Mer - ri - ly we roll a - long, o'er the deep blue sea.

The image shows two staves of music in G major (one sharp). The first staff has notes B, A, G, A, B, B, B, A, A, A, B, B, B with chord letters above. The second staff has notes B, A, G, A, B, B, B, A, A, B, A, G with chord letters above. The lyrics are written below the notes.

PLAY
ALONG



SLOW



FAST



Recorder
Karate

GREEN BELT

It's Raining

7 beats introduction
on recording

G G E A G E E G E A G Traditional



It's rain - ing, it's pour - ing, the old man is snor - ing.

G G E E A G G E E A G G G E E A G E



Went to bed and he bumped his head and he could - n't get up in the morn - ing.

PLAY
ALONG



SLOW



FAST



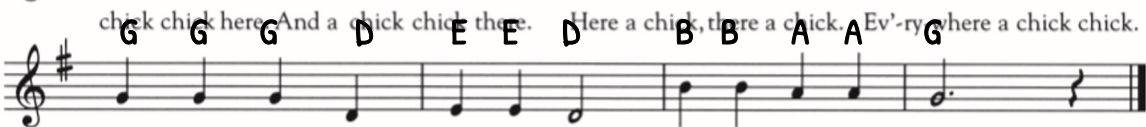
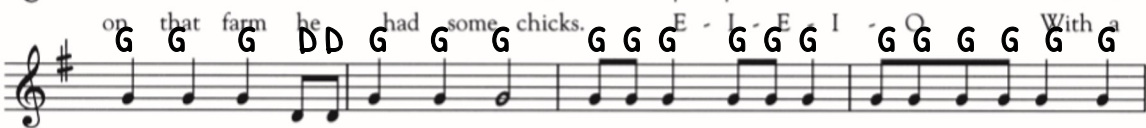
Recorder
Karate

PURPLE BELT

Old MacDonald Had A Farm

4 measures (16 beats) introduction

on recording G G G D E E D B B A A G Traditional D



Old Mac - Don - ald had a farm. E - I - E - I - O.

PLAY
ALONG



SLOW



FAST



Recorder
Karate

BLUE BELT

When The Saints Go Marching In

5 beats introduction
on recording

Traditional

Oh, when the saints go march - ing in, oh, when the
saints go march - ing in. Oh, I want to be in that
num - ber, when the saints go march - ing in.

The musical score consists of three staves in G major. The first staff is an instrumental introduction with a 5-beat structure. The second and third staves are vocal lines with lyrics and guitar chords. The chords are: G, B, C, D, G, B, C, D, G, B, C, D, B, A, G, G, B, D, D, C, B, C, D, B, G, A, G.



RECORDING



Recorder
Karate

RED BELT

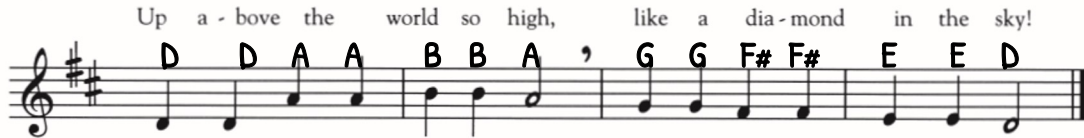
7 - Red Belt

Pitches: DEF[#]GAB

Twinkle, Twinkle Little Star

2 measures (8 beats) introduction
on recording

Traditional



Twin - kle, twin - kle lit - tle star, how I won - der what you are.

PLAY
ALONG

ACCOMPANIMENT



Recorder
Karate

BROWN BELT

Amazing Grace

5 beats introduction
on recording

D G B G B A G E D Traditional

A - maz - ing — grace, how sweet the sound, that

G B G B A D , B D B D B G D

saved a — wretch like me. — I once — was — lost, but

E G G E D , D G B G B A G

now — am — found, was blind, but — now I see. —


BONUS
BROWN BELT
SONG:
ARIRANG

**Recorder
Karate**

new rhythms:




single eighth note = 1/2 beat

Until now, you have seen two eighth notes joined together with a beam (). Together, two eighth notes = 1 beat.



dotted quarter note = 1 1/2 beats

Again, the dot adds half the value of that note and makes it longer.



1 + 1/2 = 1 1/2 beats

RECORDING



Black Belt

Ode To Joy

2 measures (8 beats) introduction
on recording

Ludwig van Beethoven

B B C D D C B A G G A B B A A



**Recorder
Karate**

PLAY
ALONG



ACCOMPANIMENT

